

Written Essay Subject to Oral Presentation at First Review Hearing  
(after sentencing hearing)

**\*MUST BE AT LEAST 150 WORDS\***

Please include:

1. Personal history prior to entering Sobriety Court
  - a. Alcohol and drug use
  - b. Family
  - c. Education
  - d. Health (physical and mental)
  - e. Your outlook on your life today
2. List three personal goals you would like to achieve during the term of probation.
3. List three strengths that will help you achieve your goals.
4. List three people in your life currently who are a positive influence on you.
5. List three negative influences (things, people, behavior, etc.) in your life currently.